Dear Parents, Guardians, Families, Students and Members of our College Community.

St Joseph’s College Spirit is the bond shared between all students, staff and parents. When an older student assists a younger one or a student congratulates another on an achievement, this is the St Joseph’s College Spirit. When staff remain behind after school to run tutorials or to train students for the swimming carnivals, this is the Spirit of St Joseph’s College. A parent working in collaboration with their child’s teachers, to ensure the best educational outcomes or offering assistance in the classroom is the Spirit of St Joseph’s College. Parents giving time generously to a P&F fundraiser to provide additional resources for all students, this is the St Joseph’s College Spirit. The Spirit of St Joseph’s College reveals itself in so many ways in our community each day.

Thank you to all who create this Spirit!

This year to recognise St Joseph as our College patron, all prayers now conclude with:

Person leading the Prayer: St Joseph.

Rest of the group: Pray for us.

Next Friday 17 March our College celebrates the feast of St Joseph, Jesus’ father on earth. We have a special connection to St Joseph through one of our founding religious orders, the Sisters of St Joseph of the Apparition. We pray that like St Joseph we may hear God’s voice during times when we are troubled or perplexed and trust in...
To ensure we have a positive and safe environment, St Joseph’s College has a Code of Conduct that applies to all members of our school community (staff, students and parents). The purpose of the Code of Conduct is to describe the minimum standards of conduct in all behaviour and decision making to ensure the safety and well-being of students at St Joseph’s College. The Code of Conduct statements are as follows:

1. You act safely and competently.
2. You give priority to students’ safety and well-being in all your behaviour and decision making.
3. You act in accordance with the values of the Gospel as defined in the Code of Ethical Conduct.
4. You conduct yourself in accordance with laws, agreements, policies and standards relevant to your relationship with the school community.
5. You respect the dignity, culture, values and beliefs of each member of the school community.
6. You treat personal information about members of the school community as private and confidential.
7. You give impartial, honest and accurate information about the education, safety and well-being of students.
8. You support all members of the school community in making informed decisions about students.
9. You promote and preserve the trust and privilege inherent in your relationship with all members of the school community.
10. You maintain and build on the community’s trust and confidence in Catholic schools and the Church.
11. You act reflectively and ethically.
12. You allow students to have a voice in their education, safety and well-being.

The Sacramental Team consisting of staff from St Joseph’s College and catechists from the Holy Family Parish have organised a guest speaker, Father Tony Chiera, to give a presentation on the importance of the Sacraments in daily life. Having heard Father Tony speak on many occasions, I know this will be an excellent presentation. This meeting will occur next Wednesday 15 March at 6.30 pm in the Ave Maria Chapel. All parents of students receiving a Sacrament (Reconciliation, First Communion or Confirmation) are encouraged to attend this meeting. On Saturday 18 March, at the 6.00 pm Mass at the Holy Family Church,
parents will be required to present their child at the Sacramental Commitment Mass. It is important that parents make every effort to attend the meeting and Mass as these are key components of preparing a child to receive a Sacrament.

By this stage of the term across the entire College, students have completed sufficient work for the first formalised assessments to be completed. For secondary parents the results achieved can be viewed on SEQTA and Junior School parents will be able to see work samples in the Assessment Books coming home on Monday. Congratulations to the many students who have begun the year producing work commensurate with their ability and/or application. If a parent is concerned about their child’s progress, please do contact your child’s teacher and discuss the situation; do not leave this until later in the year!

Parents/guardians who hold a Family Health Care Card or eligible Centrelink or Veterans Affairs Pension Card can claim fee discounts by presenting the card at the College Office at the beginning of the year and completing a simple form. Parents of students in Years Seven to Twelve who hold these cards can also claim the Government Secondary Assistance Scheme rebate. Further information for families holding these eligible cards is available from the College Office.

All parents with an appropriate Health Care Card are asked to ring the College Office to verify that all details are current and accurate. Applications must be lodged by Friday 7 April, 2017.

Overall the flow of traffic works well in the St Joseph’s College car park during the peak periods of each day. At all times the prime concern is the safety of the students. A few friendly reminders:

- Drive slowly when entering or departing the car park.
- Only park in the designated areas. Please do not park on the verge near either entrance as such vehicles block the vision of other drivers. City of Albany rangers have been notified of this concern and will be patrolling the area.
- Drivers in our car park should never been viewed by staff or parents talking on a mobile phone.
- All pedestrians (parents and children) must use the crosswalk and follow the instructions of the teacher on duty. Do not take short cuts across the car park as the students are observing this.

Please keep our kids safe!

May the coming week be one of positive experiences!

Mr Mark Browning
Principal
A short week this week: it is hard to believe that the term is more than half way through.

This one has been a quiet one for Secondary in terms of activities and special events, but I know many tests have been happening and assessment tasks have been due. These assessments will assist the teachers as they are now preparing the Interim Report for parents and guardians.

On Tuesday our College Prefects prepared activities for other student leaders in the College. The focus of the activities was development of leadership, team work and cooperation. From all accounts, it was a successful and enjoyable afternoon. I congratulate the Year Twelve Prefects on their initiative and thank Mr Trafalski for his support.

Just as this week has been a quiet one, next week is full of activities and events. Coming up next week is the Young Writers Day and the Youth Literature Day...I wish students participating in these events all the best and urge them to make the most of the opportunity. Also on the calendar for next week is the ACC Swimming Carnival. I wish the team all the best...happy splashing!

A special sacramental meeting will take place on Wednesday in the Ave Maria Chapel. Parents of students in Year Seven who will be preparing for their Confirmation later this year are urged to attend.

AND lastly but by no means least...on Friday 17 March we will celebrate St Joseph’s Feast day with the annual event. Please do come along and support this fun day.

Susan Alderman
Head of Secondary

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**CYCLE TO SCHOOL DAY – FRIDAY 17TH MARCH**

As part of Bike Week, St Joseph’s College will be celebrating National Cycle to School day on Friday 17th March. Students are encouraged to take part in the pedal revolution and ride their bikes safely to school on the day. As well as house points for all students cycling on the day, there are also a variety of bike related activities to participate in during the St Joseph’s Day fair.

Stuart Passmore from Passmore Cycles will be the visiting bike mechanic at the fair. He will be available to do bike checks and simple repairs to student bikes. So if your bike needs a bit of TLC make sure you bring it along for Cycle to School day and have it checked out.

Students under the age of ten are encouraged to cycle to school with a parent. For more information, please contact Mr Paul O’Donnell through the College Office.
MIDDLE SCHOOL HOMEWORK CLUB

Starting from Thursday, 16 March, we will be running a Homework Club for students in Years Seven, Eight and Nine. The Club will run every Tuesday and Thursday after school. Students will be required to bring their homework to the Club and will be supervised and assisted by the teachers who will be present. We will be providing the students who attend with some food and a drink before the Club begins and will, therefore, need information about special dietary requirements for catering purposes.

If you would like your son or daughter to participate in this Club, please talk to them about it and encourage them to see Mrs Palmer for details. Could you also please send an email (palmer.anna@cathednet.wa.edu.au) or a direct message via SEQTA to Mrs Palmer to let her know of your interest in this programme?

ST JOSEPH’S DAY—FISH AND CHIP LUNCH

We are happy to be able to offer the ‘Fish & Chip’ lunch again for the students of St Joseph's College. This year we have two suppliers – Oyster Harbour Store supplying for the Junior School students and Batters Fish and Chips supplying for the Secondary School.

We ask that you please order for each of your children separately.

Please complete the slip below and return to your child’s classroom or homeroom teacher by Tuesday 14 March – no late orders can be accepted.

We require some volunteers to collect the orders between 11:30 – 12:30 on Friday 17 March. Please indicate if you would be available to assist us with this task.

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St Joseph’s Day – Fish & Chip Order

Student’s name: ________________________________ Class/Home: _____________

Fish & Chips - $6.00
Corn Jack & Chips - $6.00
Serve of chips - $3.00

I, ________________________________, am available to pick up the orders from:

Oyster Harbour Store / Batters Fish & Chips

Phone: ________________________________
St Joseph’s Day Fair
Friday 17 March
12.15—3.00pm
College Oval

“Hole In One” Golf
Musical Entertainment
Inter-House Tug-of-War Competition

All money raised goes to our First Term Focus - CARITAS

Don’t forget your bathers if you want to take part in the water activities.

Come Along and Have Some Fun!

Things to Do:
- Cup Cake Stall, Lolly Bags,
- Lucky Dip, Guess the number of Lollies,
- Coin Toss, The Train,
- Trash ‘n’ Treasure, Chocolate Wheel,
- Face Painting, Pepsi Pong,
- Book Stall, Cordial Pong,
- Lucky Numbers, Water Slide,
- Fishing Game, Raffle, Pillow Fights,
- Crazy Hair, Bike Games,
- Dart a Treat,
- Lolly Stall, Bouncy Castle

FOOD AND REFRESHMENTS

Please ensure you bring coin and small notes only as change will be limited.
Cushion Concert

Albany City Wind Ensemble

Sunday 19th March
Bethel Christian School
Passmore Centre
2.00 pm

Children $10
Older siblings & Adults $5

Tickets available at the door, via Mrs Findlay
or online: www.albanycitywindensemble.com.au

Family Fun Day

Eyre Park
Saturday 18 March 2017
4pm-6.30pm
For fun activities

Followed by FREE outdoor movie @ 7pm

Sausage Sizzle & Coffee Van onsite
Or
BYO Picnic

St Joseph’s Soccer

Sign Up Day

Monday

13th March 8.15AM-8.45AM

Please go online to
www.myfootball.com.au
To register your child in their age group & then
All you need to do on Monday is pay your fee’s

“Need help to register”?
Let us know and we will do it for you!

Like us on Facebook
St Joseph’s Soccer Club Albany

Under 7’s – Under 9’s $100
Under 10’s – Under 12’s $115
Getting your teenager ready for school in the morning can be stressful – getting them out of bed, forgotten homework, missing buses – but it doesn’t have to be. Here are 5 tips to help you and your teen get a great start to the day!

1. Early to bed, ready to rise
In adolescence, your child’s sleep and sleep patterns start to change – teenagers will often go to bed later at night and struggle to get up early in the morning. But if you have to drag your teen out of bed in every morning before school, they might not be getting enough sleep. Check out the Raising Children Network’s great information about sleep for teenagers.

2. Teens in charge
By the time they are in high school, your teen should be able to do things like making their own lunches and managing their time. You can encourage your teen’s growing independence by letting them take responsibility for getting ready for school themselves. Talk to your teen about how you can support them in the mornings (for example, by giving them a wake-up call) – but let them know that they are in charge of getting themselves up and ready for school.

3. Be prepared
You can take the pressure out of the morning routine by encouraging your teen to get prepared the night before. Anything that doesn’t need to be done in the morning can be done the night before – finishing homework, making lunches, packing bags, etc.

4. Keep it simple
Encourage your teen to keep their morning routine simple on school days, and save non-essential activities and distractions for afternoons and weekends. Try to keep breakfast simple too – quick nutritious options like wholegrain cereals, fruit and yoghurt are great and can be eaten on-the-go for tardy teens!

5. Make a plan
Some teenagers find it helpful to develop a morning schedule with key times when they need to get things done, especially if they tend to get distracted or lose track of time. Help your teen to think about what they need to do in the morning, how long each task takes, and what time they need to leave to get to school on time. Then get them to plan out their own morning routine (including wake-up time) to make that happen. Encourage them to build in some extra time in their schedule for emergencies, and stick to the plan!

Try to get a copy of your teen’s school timetable and put it up where you and your teen can see it – so you can encourage them to be prepared for the particular subjects they have each day. It can also help to remind them about any homework or assignments that may be due for a particular class.