Dear Parents, Guardians, Families, Students and Members of our College Community.

The long weekend has come at an opportune time as students and staff show signs of tiredness and the presence of illness is evident in our school community; two staff have been diagnosed with pneumonia in recent weeks. Hopefully the break will allow some time for rest and recreation so that all return full of energy for the final month.

Congratulations to our Year Four classes, Mrs Cavanagh, Mrs Hines, Mrs Findley and Mr Findley on an impressive assembly this morning that contained everything from a beautiful choir item through to their knowledge rap on the three main types of rocks. Assemblies such as this are a wonderful way for parents to see a snapshot of the learning that is occurring in our Junior School.

As winter sets in, we are appreciative of our warm houses, food and a comfortable bed. Unfortunately, not all in Albany enjoy these basic comforts. A value that is important at St Joseph’s College is the desire to assist those in our community who need a helping hand. Each year, students from Kindergarten to Year Twelve in Ozanam House coordinate the St Vincent de Paul Winter Appeal and send in non-perishable food and bedding for those in need and encourage others in our community to do likewise. Last year a number of families within the Albany region required food assistance during the Winter months. This year the number is expected to increase. The items you donate will go a long way towards helping the needy within our community. The most sought after items are:

Reflection:

Treat everyone with kindness, even those who are rude to you, not because they are nice, but because you are.

Lord,

Bless the many staff, students and parents in the St Joseph’s College community who continually reach out to others to enable our school to become even better.

Amen.

From the Principal

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Non-perishable food items e.g. tinned meats, soups vegetables, tomatoes, peas, beans, fruit etc.
- Pasta and pasta sauce
- Shelf life cheese
- Noodles
- Small packets of sugar, jam and vegemite
- Cereals, biscuits and long life milk
- Pillows, linen and blankets that are not necessarily new

Please give generously. Food items can be sent to the Junior School classrooms and Secondary Homerooms.

Examinations commenced this week for students in Years Eleven and Twelve. At a recent meeting with the Head Prefects, the students seemed a little ‘flat’ and when asked why, they explained they were trying to finish assignments, completing topic tests and studying for their examinations. Those of us who have completed examinations whether at school, TAFE or university can relate to the feelings of our Senior Students. To cheer up the Year Twelve students they were the guests of a morning tea in the staffroom on Wednesday; they certainly had healthy appetites! Over the coming week please offer a kind word of encouragement to the Senior School students as their examinations are completed. I am sure their hard work throughout Semester One will be rewarded.

At St Joseph’s College we are extremely fortunate to have some great students who achieve excellence not only at school but in the wider community. Caitlin Pritchard (Year Eight) has been selected to represent WA at the National Interschool Championships in September 2017. The event will be held in Queensland. Congratulations on this excellence achievement, Caitlin!

ASG NEITA is one of the only independent national awards program where early childhood and school communities can publicly recognise and encourage inspirational teachers and principals who are committed to excellence in education. St Joseph’s College is fortunate to have some great teachers from Three-Year-Olds to Year Twelve that are making a real difference to students’ education. To nominate a person from our school visit: www.asg.com.au/nominate and applications close on 3 July 2017.

Nominations are also open for the 2017 Western Australian Regional Achievement & Community Awards! The awards are designed to encourage, acknowledge and reward the valuable contributions individuals, communities and businesses are making throughout regional and rural Western Australia. In particular, the Curtin University Teaching Excellence Award recognises the commitment and dedication of teachers. To access the online nomination form please go to www.awardsaustralia.com and applications close on 26 July 2017. I hope parents will seek to recognise those amazing teachers who are making a difference within the St Joseph’s College community!
Principal’s Report

Absence due to illness and the occasional family situation is fully understandable providing written notification is supplied as an email or in paper form. Were you aware of the following facts?

Absence Table

<table>
<thead>
<tr>
<th>If your child misses...</th>
<th>That equals</th>
<th>Or</th>
<th>From Kindergarten to Year 12 that adds up to</th>
<th>Which is the equivalent of attending school until:</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 day per fortnight</td>
<td>20 days per year</td>
<td>1 month per year</td>
<td>Nearly 1 ½ years</td>
<td>Part-way through Year 11</td>
</tr>
<tr>
<td>1 day per week</td>
<td>40 days per year</td>
<td>2 months per year</td>
<td>Over 2 ½ years</td>
<td>Part-way through Year 10</td>
</tr>
<tr>
<td>2 days per week</td>
<td>80 days per year</td>
<td>4 months per year</td>
<td>Over 5 years</td>
<td>The end of Year 7</td>
</tr>
<tr>
<td>3 days per week</td>
<td>120 days per year</td>
<td>6 months per year</td>
<td>Nearly 8 years</td>
<td>The end of Year 4</td>
</tr>
</tbody>
</table>

The number of enrolments for next year continue to grow and I thank parents for the word of mouth endorsements which continue to build our positive reputation.

Seek to make a difference in our College community this coming week!

Mr Mark Browning

Principal
College Notices

Thank you very much to the members of the Parents and Friends (P&F).

Two beautiful couches and two semi-circle ottomans have been kindly donated to the Secondary Library by the P&F. This is a generous donation. The fabric is very bright and cheery (fresh apple green and navy). The students are already enjoying using them and the Library staff have had lots of positive comments from students and staff. They are modern, well-built and locally made in WA. A win all round.

We really appreciate the support the P&F offer the library. They have also donated books towards the Book Week Parade prizes. A book for each year level. Again this is a very generous donation and we are truly grateful.

Thank-you P&F members for your hard work and generosity.

Mrs Jude Wiegele
Teacher Librarian

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CELEBRATION OF THE SACRAMENT

FIRST HOLY COMMUNION

SUNDAY, 18TH JUNE
9.30am at HOLY FAMILY CHURCH

All welcome to attend and support our young ones as they receive the Holy Eucharist for the first time.

We hope to see you there.

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Girl’s Navy Pants

If you would like to order Girls’ Navy Pants, order forms can be collected from the Uniform Shop or the College Office.
Sample sizes are available in the Uniform shop to try on.
Orders need to be in by Wednesday 14th June.
Helen Anderson
Uniform Shop Co-ordinator

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Junior School News

Fidget Spinners

Many of our student seem to have taken up the new craze of the ‘Fidget Spinners’. At this stage we can find no scientific evidence that supports the claims that these gadgets are producing a calming influence for students, therefore, we ask that students do not bring these toys to school.

Book Fair

Thank you for your support of this year’s Scholastic Book Fair. Not only are your children enjoying the wonderful books on offer, but the proceeds of the Fair have been put towards purchasing sets of Guided Reading books for the students throughout the Junior School.
Family Reading Month

We have come to the end of Family Reading Month so now is the time to finalise your reading calendar and ensure that you have entered the competitions. Please go to [http://readmoreinmay.scholastic.com.au/](http://readmoreinmay.scholastic.com.au/) for the details. Hopefully, your family has enjoyed this experience and it is now (if it wasn’t already) a regular part of your family’s routine.

Typing Tournament

All the students from Year Two to Six now have their log on details for the Typing Tournament programme. There is currently a competition running for each of the year levels as an incentive to start them on their typing journey. At the beginning of next term there is a prize on offer in each year level for the student who is at the top of the leader board. Not to be outdone, Ms Della Bosca, Mrs Cavanagh and Mrs Strophair have all joined as well! The students can access the programme on the school computers when the Junior School Library is open either before school or at lunchtime as well as at Homework Club on Tuesday and Thursday afternoons.

Mrs Erica Mielens.
Head of Junior School

EAGLES CUP REPORT

Last Tuesday afternoon the Eagles Cup team braved the drizzly weather to face the visiting Yakamia Primary side. The home team worked hard in the first quarter to make several forward plays but inaccurate kicking kept Yakamia in the hunt. The home side carried the momentum into the second quarter as the team started to gel and kept peppering away at the goals. The move to swing Liam Durack to centre half forward paid off as he found range kicking three goals for the match. St Joseph’s continued to dominate play in the second half as the midfielders, through Jye Coyne, Harper O’Donnell and Max Grimes, controlled the play and kept sending the ball forward. Ben Thomas was outstanding on debut despite ignoring the coach’s advice not to bounce the ball in the wet. He took a scintillating run down the wing with a perfect wet weather bounce and casually slotted his first goal. Whilst the ball spent plenty of time in our forward half, Jacob Ball at full back made sure it came out just as quickly if it made its way towards the Yakamia goals.

In the end St Joseph’s ran out winners to the delight of the wet but passionate home supporters. The team were quick to remind Mr O’Donnell of his promise for ice-creams when the team is victorious.

Best players: Jye Coyne, Harper O’Donnell, Ben Thomas, Liam Durack.

Goals: 3 Durack, 2 Thomas, 1 Ang

The next game is on Tuesday 6th June, following the long weekend, an away game versus Albany Primary on the ASHS top oval. Players will be notified of selection for this game prior to the long weekend.

Paul O’Donnell - Coach
Year Two Incursion

As a part of their Design and Technology lessons the Year Two classes have designed and as of Thursday, now have an operational herb garden growing. Thanks to the generosity of Bunnings, the children were given a little lesson from Steph and Lisa about herbs. Then each child chose and planted seedlings in a terracotta pot of their own. The pots of thyme, coriander, parsley, lettuce and chives are now growing happily outside the classroom and being tended to daily by the children, ensuring they have water and enough sunlight to grow. Many recipes can be made at home later on when the children take their herb to keep in their own sunny spot.

The incursion was a wonderful experience for all, and we were lucky enough to have a beautiful sunny afternoon to top it off.

Mrs Kelly Shepherd & Mrs Kelly Meyer
Year Two Teachers

Heart Foundation
Jump Rope for Heart

Well done to Amity Fennell who is our current highest fundraiser for St Joseph’s College!

Don’t forget to jump onto the College website and follow the link to our fundraising page. It’s easy to register and every little bit counts. There are also some great prizes for the fantastic fundraising that you do.

Hey Mum and Dad
Did you know heart disease affects 2 out of every 3 families?

Help your child to have fun and support the Heart Foundation at the same time. Register your child online and simply press send to all your family and friends! It’s easy, safe and secure.

jumprope.org.au

Send emails to family and friends asking for sponsorship.
The “big ticket” item in the Secondary School this week was the College photographs. Thank you to all the students and parents who ensured their children were dressed in correct uniform and congratulations to the photographers who did their best to hide the incorrect dress of other students. I urge students and parents in future to check the dress requirements for photographs and do their best to comply.

Some of our students afforded themselves the opportunity of attending Young Writers’ Workshops this week held on the Great Southern Grammar Campus...who knows...the next J.K. Rowlings may be among them.

Examinations began for students in Year Eleven and Twelve this week and Year Ten students will begin theirs next week. I wish all students the very best.

Events next week apart from the examinations include the Middle School boys taking on Clontarf at Australian Rules Football. Bounce down will be at approximately 3.30pm on Wednesday 8th June...look forward to seeing you there. Good luck boys!

Parents and students are to note that Fidget products including spinners and blocks are not to be brought to the College. At this stage there is no specific scientific evidence to support that this toy aids in the learning process. Parents are asked to support us in this matter by not allowing your child to bring these toys to the College.

The best thing about a picture is that it never changes, even when the people in it do.” — Andy Warhol

Susan Alderman
Head of Secondary

Debaters Successfully Harness Emotion

Round Three and another successful night of debating for St Joseph’s College. Our speakers understand the power of Pathos, the rhetorical device that stirs the heart. By appealing to the emotional sensitivities of the audience, our clever debaters can use their sympathy, empathy, hopes or fears to sway them to believe the St Joseph’s side of the argument. A passionate delivery, or a heartfelt claim that the opposition’s assertions are unjust, is given even more weight when our speakers paint a scenario that evokes the negative consequences that would occur if these ideas were believed. The same technique is then used to build strong positive images of the wonderful outcomes when their own case is taken up. Pathos is the heart behind an argument and our St Joseph’s debaters’ hearts are beating strong.
Help your teenager to beat exam stress

It’s normal for teenagers to feel stressed out in the lead up to exams, particularly those teenagers in Year Twelve. Your teenager may only get stressed about just one or two exams or it may be every exam leads to increased stress.

Stress around exam time can not only impact on a young person’s general wellbeing, but it can also be difficult for the whole family. It’s important to learn how to support your teenager during exam time to help them manage their stress and reduce tension at home.

ReachOut Parents has over 140 fact sheets and practical tools. Here are a few that will help you support your teenager with exam stress:


For more evidence-based practical support and tips on mental health and wellbeing issues for parents head on over to ReachOut.com/Parents. The service also provides an online community forum so that parents can connect with each other to share experiences in an anonymous, supportive space.
#### Welcoming the Whales (out at the Old Whaling Station)

**Saturday June 3rd**

Event is from 10 to 2, but vollies will need to be in attendance either side of this.

Jobs required are as follows:

<table>
<thead>
<tr>
<th>ACTIVITY</th>
<th>SUGGESTED TIMES</th>
<th>DETAILS</th>
<th>LOCATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>Craft activities</td>
<td>9-12</td>
<td>Set up craft areas</td>
<td>Next to playground on whale tables and infant room</td>
</tr>
<tr>
<td>Run from 10-2</td>
<td>12-3</td>
<td>Help with craft</td>
<td></td>
</tr>
<tr>
<td>Children’s stories</td>
<td>10-1.30</td>
<td>On the hour read stories about whales and marine environments to children</td>
<td>Lawn area near children’s play ground</td>
</tr>
<tr>
<td>Old Whalers telling their stories 10-2</td>
<td>10-2</td>
<td>Assist old whalers with their needs (water, etc.), manage crowd if required, generally keep an eye on area</td>
<td>Workshop</td>
</tr>
<tr>
<td>Marquee entertainment, stage management</td>
<td>10-2</td>
<td>Assist where required with crowd management</td>
<td>Marquee located in bus car park</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Help protect whale skeleton</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Assist MC, entertainers, speakers with water and other needs.</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Assist sound crew if required (run</td>
<td></td>
</tr>
<tr>
<td>Runner</td>
<td>10-2</td>
<td>Assist event crew and staff by running messages and errands as required</td>
<td>Info marquee located next to staff room</td>
</tr>
<tr>
<td>Cheyne’s IV</td>
<td>10-2</td>
<td>Assist on Cheyne’s IV</td>
<td>Cheyne’s IV</td>
</tr>
</tbody>
</table>

Any further queries please see Jane Bennett at the College or phone 08 98440222