Prayer

May my horizon this day, Lord, not be so foreshortened that I notice little. Instead, open my eyes that I may see afar and above as well as in front and beneath me. Lead me to keep my life in perspective and balance and discover that the thread of your presence is interwoven through the events and people of this day.

Amen

From the Principal

Dear Parents, Staff, Students and Parishioners,

Personal responsibility and accountability for our own actions are traits children have to learn if they are to become free thinking, responsible, inner directed individuals capable of making their own decisions for their lives. Along the way, for children to learn personal accountability and responsibility, they have to stand on their own and accept the consequences of the choices that they make. As parents, we are often too eager out of our concern to want what is best for our children to “jump into the fray” too early and deny them the learning that comes from consequences of not doing the “right thing” or a bad decision. The considering, reflecting, contemplating different scenarios, etc. for our children is lost if we are always going in “to bat” for them or try to defend the indefensible. Children need to learn that they have the support from home and unconditional love from their parents. However, for them to learn that they are responsible for their own actions and words requires tough love.

It was wonderful to see a number of families and staff at the Mass Rock liturgy last Sunday. It was a beautiful celebration and I know the Parish was grateful for those who attended. Thank you to Mrs McGlade for the beautiful emblem, Ms Goodlad for the creation of the ‘rope people’ and Mrs Smith for the general coordination of the event. Our student leaders: Caris Fisher, Lucas Maffei, Regan Anderson and Benedict Jackson represented St Joseph’s College with reverence and pride on this special occasion; thank you. The Parish and St Joseph’s College are inter-connected, and it is important that we support each other.

The involvement of parents in the life of our College is encouraged. Despite busy
schedules, taking time to connect with and practically support our learning and faith sharing community in some way, benefits every student in many ways. Parent involvement ranges from staying on top of what’s going on at school to volunteering in the classroom and at College events. Even high-quality teachers need the support from parents to improve student achievement! Much research exists about the importance of parent involvement in education. The research overwhelmingly indicates that parent involvement not only positively affects student achievement, it contributes to higher quality education and better performance of the school overall. Academic achievement and standardised test results are higher, students have a more positive attitude toward school and their behaviour is also better. At the present time nominations are sought for positions on the College Board and P&F Executive. I encourage all parents to consider being involved in the life of our College by nominating for a position on one of these parent bodies. The relevant forms are available with this Newsletter. The AGM for the College Board and P&F Executive will be held on Tuesday, 20 November at 7.00 pm.

A new initiative this year has been the availability of canteen services twice a week at recess in the Junior School Undercover Area. The students have particularly enjoyed this service, which has been possible due to the generosity of parents to assist with the serving. If you can help at recess time on a Tuesday or Thursday, there is a roster available outside the Early Learning Centre or contact the office. Thank you to the parents who have assisted so far as the students have really appreciated your help!

Tomorrow (Friday 9 November) is a Student Free Day for the Albany Show. While students have time away from school, the staff will be involved with Accreditation which is a requirement as part of their contract at St Joseph’s College. This year the focus will be on ‘Church’ with additional information on the Synod and Plenary Council which are major events for the Catholic Church at the present time.

St Joseph’s College offers a Three-Year-Old Programme which caters for children who have turned three years of age but are not yet old enough to be in the Kindergarten Programme. In 2019 the programme will be delivered as one full day, although parents may choose one half day if they believe their child is not ready for a longer time at school. It is important that enrolment applications are lodged ASAP. **Our Three-Year-Old students will have their own class, teacher and teacher assistant next year.**

There are so many ‘good things’ happening in our school due to the efforts of so many people; seek to be one of those people in the coming week!

Mr Mark Browning
Principal
Chaplain’s Corner
Fr. Randolf Subiaco

On 11 November 2018 we will celebrate the 100 years of Armistice. During the First World War eighty six Roman Catholic priests comprised 20.8% of the entire Chaplains Corp for the Army. The Australian Army Chaplains Department was promulgated in the Commonwealth Gazette on 20 December 1913. In total, the proposed establishment would comprise 116 chaplains. This is the equivalent to a company size infantry unit. The Chaplains accompanied troops in Egypt and England and then back on the next ship to the front lines. In every Brigade, which is composed of three to four battalions (1500-4000 soldiers), there was one Catholic Chaplain. The Army Chaplain’s task during war was to censor letters, organise recreation activities that would improve the morale and welfare of the soldiers, religious and sacramental services, most of which was burying the dead, and individual counselling. The Army Chaplain also recorded the details of the dead and where they were buried. More-over the Army Chaplains were tasked to write to the families of the fallen soldiers.

There were some notable Catholic Priest Chaplains in the two World Wars.
- John Fahey was a Catholic Padre from Perth. He was an excellent sportsman, with bush experience. Fahey was assigned to the 11th battalion and was the first Chaplain ashore on Gallipoli, disregarding the order to stay on the ship. Fahey was the longest-serving front-line Chaplain.

Multicultural Day
*Calling all international cooks and helpers*

The students at St Joseph’s College are fortunate enough to have friends and classmates from a variety of different cultural backgrounds in their classrooms. Multicultural Day is an annual festivity that celebrates cultural diversity and this year the College will hold an event on **Wednesday, 21 November (Week 7),** which will include performances, music and some flavoursome foods.

For this event to be successful and to ensure the students experience a great gastronomical experience on the day, we are calling all parents who are willing and able to volunteer their time and culinary expertise to prepare an authentic dish that represents their cultural background. The College will cover the cost of ingredients, help organise resources and make cooking areas available, according to Safety and Health Standards.

As we will need bulk quantities, we will need extra volunteers to help with preparation and service. If you would like to get involved, please contact one of the following members of the Multicultural Day Committee by Wednesday 7 November. Unfortunately, if we do not get assistance we will not be able to proceed with that culinary experience.

Mrs Palfrey – Middle School ([Chris.Palfrey@cewa.edu.au](mailto:Chris.Palfrey@cewa.edu.au))
Mr Richard Habal – Middle School ([Richard.Habal@cewa.edu.au](mailto:Richard.Habal@cewa.edu.au))

St Joseph’s College Music
*Semester Two Assessment Concert.*

**When?**... Friday 16th November (Week 6, Fourth term )

**What Time?**... 6pm till 7.30pm.

**Where?**... St Joseph’s College Drama Room

**Who is involved?**... Year Eight & Year Nine Music Classes
Year Four Guitar Students

**Why?**... To make sure there is an opportunity for all students to perform. Performance builds enthusiasm, self esteem, courage and confidence. All of which you will observe as students move through the program.

This is also a Course Assessment.

**Who can come?**... Parents, Guardians, Friends and Supporters
Anybody who is involved and interested in the students and their development is more than welcome.

Mr Steve Dougherty
Msgr. Cunningham served in World War Two and was the parish priest of Albany for a long time. Msgr. Cunningham rescued a soldier on the Kakoda Trail as well as two Japanese Catholic Bishops. It was also reported in the front lines that when he celebrated the Mass, the host, which is only good for a company of Catholic soldiers, sufficed for the entire brigade before the final assault.

Fr. Ian Johnson is the most recent. He served as an Army Chaplain in Afghanistan and was commended for his tour of duty. He said, “When you are a padre, you’re there for everybody.”

War is a horrifying event. And in this horrifying event, priests of all churches are called to be a sign of hope, healing and peace.
Junior School News

St Joseph’s Cup 2018

An eager crowd of Junior School students from Kindy to Year Six, staff and parents gathered with excitement and anticipation on Tuesday for the annual big race known affectionately as ‘The St Joseph’s Cup’. In keeping with Melbourne’s unfortunate weather, Albany’s inclement conditions resulted in the usual lovely Cunningham Lawn Track being replaced as the venue as we all crowded into the Junior School Undercover Area.

Prior to the great race, the crowd was treated to an awesome display of colourful, creative, quirky and cleverly designed hats as each Year Level paraded in front of the admiring onlookers. With smiles on their faces and obviously feelings of pride with the sense of community that St Joseph’s College is known for. There was obviously some late-night action in many a family with craft items, the glue gun and a wonderful array of beautiful, interesting adornments!

The main event was fast and furious with the Year One jockeys, wearing authentic jockey caps, hanging on for dear life as their trusty Year Six steeds thundered over the course to the finish line. After some thrills and spills and numerous heats, it was down to the final ‘dash for glory’. All the horse and jockey combinations were a credit to themselves, showing a fantastic level of sportsmanship and resilience; however, in the final gallop it was Kit McLeod from Year Six and Tarkn Hack from Year One who were victorious and took out the supreme title of winners of the St Joseph’s Cup 2018.

Mrs Colleen McGlade
YEAR FIVE CAMP
‘but there’s more!’

Boat Safety Talk
On Thursday, Year Three had a boat safety talk. They learned about being safe on the water and what to pack for a boat trip.

Science under the Microscope ‘Earthquake Proof Houses’
Year Nine students are studying earthquakes and plate tectonics this term. Students initially designed and built a shake platform or table to mimic an earthquake with a magnitude of between 5 to 8 on the Mercalli Scale. The Mercalli scale is used to illustrate the damage to buildings and infrastructure that occurs during an earthquake rather than just energy intensity (Richter Scale). Various hydraulic and elastic principles, as well as several STEM principles, were used by the students in their shake table designs. The students then built a house or tower to sit on the shake table. Finally, the students tested their house by creating an earthquake using their shake table and the earthquake intensity was measured by using a simple mobile phone ‘app’. All houses survived but some shake tables did collapse under the intense and sustained movement.

Mr Crowe
Secondary School News

Can you help?

School Based Traineeships and Apprenticeships are a valuable way for students to gain workplace experience and a nationally recognised qualification at the same time. There are multiple benefits to the host employer including having an enthusiastic ‘extra pair of hands’, valuable positive promotion among the St Joseph’s College and wider community, as well as the ability to provide individual training to a prospective employee.

I currently have students seeking School Based Traineeships and Apprenticeships in the following industry areas:

- Automotive
- Childcare
- Construction - painting
- Construction - carpentry
- Information Technology
- Retail
- Hospitality
- Plumbing

If you would like to offer a School Based Traineeship or Apprenticeship to a St Joseph’s College student in one of the industry areas in the list, or would like to offer one in an alternative industry in 2019 please contact:

Mrs Jane Bennett at jane.bennett@cewa.edu.au.

2019 Course Enrolments - Senior School

2019 course enrolment confirmation paperwork came home last week with all students who will be commencing Year Ten, Eleven and Twelve in 2019. Please ensure you have received this paperwork as it contains important information on text books, stationery and the Unique Student Identifier requirements for senior schooling.

OfficeMax is the recommended provider for text books and Office Products Depot (Albany) is the recommended provider for stationery items. Both businesses will give a portion of the profits from student purchases back to St Joseph’s College. Please read the instructions of both suppliers carefully to ensure you meet the requirements for free delivery. St Joseph’s College encourages all families to reuse stationery from previous years where possible to reduce costs. If you have not yet received this paperwork please contact College Administration to obtain a copy.

2019 Year Eight and Nine Stationery Lists

2019 Stationery Lists for were sent home this week with students who will be commencing Year Eight and Nine in 2019. Please ensure you have received this paperwork.

Office Products Depot (Albany) is the recommended provider for stationery items. Should you purchase your stationery from them, Office Products Depot will give a portion of the profits from student purchases back to St Joseph’s College. Please read the supplier instructions carefully to ensure you meet the requirements. St Joseph’s College encourages all families to reuse stationery from previous years where possible to reduce costs. If you have not yet received this paperwork please contact College Administration to obtain a copy.

Calling all Angels and Shepherds!

Join us on Saturday, 1st December for the 2018 Albany Christmas Pageant. The Holy Family Parish together with St Joseph’s College will have a Nativity Float in the pageant and would love you to join us. Please phone: Alex Plunckett on 0428 066034 or email Catherine Naughton if you are interested or need more details: catharine.naughton@cewa.edu.au.

Canteen News

Week Six

Blackboard Specials

Specials available until sold out
Hello everyone,
The region has been very lucky with three West Coast Eagles premiership stars coming to town to run clinics and have a chat with kids.

Jeremy McGovern,

Chris Masten

and Will Schofield

will be in attendance at the North Albany Football and Sporting Club on 21st November from 3.30—5.30pm. All genders and abilities are welcome. A gold coin donation for photos would be appreciated as the boys are raising money for the Proudies Foundation.

Community Notices

Parent and Friends News

St Joseph’s College Parents & Friends Association

Nomination Form for 2019 Association Positions

2018 has seen some positive changes in the way the fundraising events have been run at St Josephs. Lots of new faces have been in attendance at the regular P & F meetings and lots of new groups of parents have been coming together and getting involved in our fundraising events.

This has been fantastic for our College Community and has allowed the P & F to contribute an extensive amount of valuable resources to the School. We encourage you to get involved, as it is a great way to find out what is happening at St Josephs, to meet other parents and contribute to this wonderful school of ours.

You can either express your interest to nominate for a position on the Association, or express your interest in running one or more of the P & F’s major fundraising events. Coordinating a fundraising event is the perfect job for someone to do with a group of parents, as many hands make light work. All positions will be given support. The thankful, happy faces you see on staff and students, make these roles very rewarding.

Just tick the box of your preferred positions or events and return the form to the Office by Monday, 5th November (late nominations will be considered) and advise if you can attend the AGM, which will be held on Tuesday, 20th November at 7pm. Everyone is welcome.

Association Positions:
☐ President
☐ Vice President
☐ Treasurer
☐ Secretary
☐ P & F Board Representative
☐ Member
☐ Class Representative
☐ Parish Representative

Fundraising Events Co-ordinator for:
☐ Car Park Raffle
☐ Easter Raffle
☐ Scholastic Book Fair
☐ School Open Night
☐ Mothers Day Stall
☐ Fathers Day Stall
☐ Disco
☐ Bunnings Sausage Sizzle

☐ I will be attending the AGM
☐ I am unable to attend the AGM

Name:______________________
Phone:______________      Email:_______________________
St Joseph’s College Board 2019

Nomination Form

The St Joseph’s College Board provides an opportunity for parents to have a greater involvement in the operation, management and capital development of the College. The Board meets once a month in the Administration Block.

The College Board carries out the following functions:

• Plans for the present and future operation of the College
• Disseminates information about the College to the school and wider communities
• Manages the College’s finances (no formal qualification required)
• Liaises with other groups within the College community, e.g. Parish and P&F
• Advises the Principal with respect to College policies such as fee setting

If you wish to nominate for the College Board, please complete the details below, including a brief reason why you wish to put your name forward.

Please return this nomination form to Mr Browning by Wednesday, 14 November 2018.

The combined College Board and P&F AGM is on Tuesday, 20 November 2018 in the staffroom located in the main Administration Block at 7.00 pm.

Please circle:

- I will be attending the AGM
- I am unable to attend the AGM

College Board Nomination

Name: __________________________________________

Address: __________________________________________

Phone: __________________________________________

Email: __________________________________________

Reason for Nomination: __________________________________________

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

Parent Signature: __________________________________________
ST VINCENT DE PAUL CHRISTMAS FOOD APPEAL

The annual Christmas Food Appeal for St Vinnies will start on Monday the 5th November and conclude on Friday the 30th November.

In the past, St Vinnies has been overwhelmed by the generosity shown by families of our College in supporting their work to ensure everyone enjoys Christmas, not just a few. If you are able to donate some foodstuffs to this year’s appeal this would be greatly appreciated.

Some of the items that are required are:

- Christmas Puddings,
- Christmas Cakes,
- Fruit Mince Pies,
- Fosters Packet Custard (large and small),
- Savoury and Sweet Biscuits,
- Jellies,
- Tinned Fruit (large and small),
- Tinned Fruit Salad,
- Canned Meals,
- Packets of Pasta,
- Pasta Sauce,
- Cool Drinks

and any general canned food.

Also required are Primary School items e.g. pencils, textas etc. in preparation for the 2019 school year.

Drop off points will be the Secondary Library, Cunningham Block and Matheu Block Library.

Come and let us help keep the Spirit of Jesus truly alive this Christmas.

Further inquiries please contact me.

Chris Palfrey
Ombudsman invites the Aboriginal community to FREE information sessions in Albany and Katanning

Aboriginal services and community members are invited to meet with staff from:
- Western Australian Ombudsman
- Energy and Water Ombudsman
- Health and Disability Services Complaints Office

Come and talk to us and find out what we do and how we might be able to help you and your community.

We may be able to help if you are having problems you can’t fix with:
- State Government agencies and universities
- Local governments (your city, town or shire)
- Your electricity, gas or water services provider
- Health, mental health or disability service providers

If you have a complaint you can talk to one of our staff on the day.

The session is FREE and anyone can come. Lunch will be provided.

Katanning
When: Tuesday 20 November
12:30-2:00pm
Where: Katanning Leisure & Function Centre
4 Pembroke Street

Albany
When: Wednesday 21 November
12:30-2:30pm
Where: Noongar Centre
Corner Hannan Road and Serpentine Rd, Albany

For further information, call 1800 117 000 or email communications@ombudsman.wa.gov.au

school health services
Health information for parents of upper primary children

Puberty
Now is a good time to discuss physical and emotional changes with your child. We recommend talk soon. Talk often. A guide for parents talking to their kids about sex, available from healthwise.gov.au/Talk-soon-Talk-often

Scoliosis
This is an abnormal, sideways curve of the spine. It can develop during early adolescence, usually between 10 and 13 years. Your school will give your child a leaflet about checking for scoliosis in Year 8. If you have any concerns, talk to your doctor, community school health nurse or school psychologist. Find out more at raisingchildren.net.au

Immunisations
In Year 9, your child will be offered immunisation (with your consent) against diphtheria, tetanus, pertussis, chickenpox and human papillomavirus (HPV). Find out more at healthwise.gov.au/immunisation

Healthy lifestyle
- Encourage children to keep physically active, choose healthy food, and get sufficient sleep.
- Eat dinner as a family to encourage good communication and connection.
- Your child should have a dental health check every year. Contact the school dental health service or a private dentist.

Vision
Your school will give your child a leaflet about colour vision in Year 9. Take your child to your doctor or an Optometrist if your child:
- covers or closes one eye when reading
- holds books very close
- complains about eye strain or headache
- complains about double vision or blurred vision with reading or blackboard viewing
- complains that words move on a page
- loses place with reading, or skips words or lines
- has a short attention span when reading
- reads their eyes a lot.

If a child reports any of these symptoms, contact the community school health nurse through your school to discuss these or any other health concerns.

This document can be made available in alternative formats on request for a person with a disability.

This publication is provided for general education and information purposes. Contact a qualified healthcare professional for any medical advice needed.

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www.healthwa.gov.au
Uniform Shop
Extra Opening Hours—2018/2019

All Families

Tuesday 11 December
8.15am - 10.00am

Wednesday 12 December
2.00pm - 4.00pm

January 2019

Tuesday 29 January 2019
8.30am - 12 noon, 12.30pm - 3.30pm
4.00pm - 6.00pm (EFTPOS Only)

Saturday 2 February 2019
9.00am - 1.30pm (EFTPOS Only)

Appointments Only

Appointments Only: For newly enrolled students and 2018 Pre-Primary students who are entering Year One in 2019

December 2018

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